

Boys & Girls Club Summer Breakfast & Lunch

MONDAY

3RD

TUESDAY

4TH

WEDNESDAY

5TH

THURSDAY

6TH

FRIDAY

7TH

----- Closed – 4th of July Break -----

10TH

Tangerine Chicken
w/ Fried Rice & Egg Roll
Fresh Cucumber Slices
Green Beans
Fresh Apple
Strawberry Cup

SNACK

Cheez It Crackers
Berry Breeze Juice

11TH

Chicken Bites w/ Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

SNACK

Vanilla Snack Crackers
Apple Juice

12TH

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Pear Cup
Fresh Watermelon

SNACK

Bug Bites Cinnamon Grahams
Berry Breeze Juice

13TH

Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Pear Cup, Fresh Orange

SNACK

Cocoa Puffs Cereal
Apple Juice

14TH

Hamburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Raspberry Applesauce
Fresh Strawberries

SNACK

Vanilla Graham Chatsnax
Berry Breeze Juice

17TH

Cheeseburger
Fresh Sandwich Trimmings,
Refried Beans, Tater Tots
Strawberry Cup
Fresh Apple

SNACK

Chocolate Elf Graham Cookies
Apple Juice

18TH

Mini Corn Dogs
Green Beans
Frozen Curly Fries
Pear Cup
Fresh Orange

SNACK

Goldfish Cheddar Crackers
Berry Breeze Juice

19TH

Chicken Tenders w/ Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Applesauce
Fresh Watermelon

SNACK

Pretzel Goldfish
Apple Juice

20TH

Black Forest Ham &
Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Fresh Sandwich Trimmings
Applesauce, Fresh Strawberries

SNACK

Strawberry Nutri Grain Bar
Berry Breeze Juice

21ST

Grilled Cheese
Paradise Punch Juice
Sweet Potato Fries
Diced Peaches
Fresh Orange

SNACK

Vanilla Snack Crackers
Apple Juice

24TH

General Tso's Chicken
w/Fried Rice & Egg Roll
Fresh Cucumber Slices
Green Beans
Strawberry Cup, Fresh Apple

SNACK

Cheez It Crackers
Berry Breeze Juice

25TH

Chicken Bites w/Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

SNACK

Vanilla Snack Cracker
Apple Juice

26TH

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Strawberry Cup
Fresh Watermelon

SNACK

Bug Bites Cinnamon Grahams
Berry Breeze Juice

27TH

Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Raspberry Applesauce
Fresh Orange

SNACK

Cocoa Puffs Cereal
Apple Juice

28TH

Bacon Cheeseburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Pear Cup
Fresh Strawberries

SNACK

Vanilla Graham Chatsnax
Berry Breeze Juice

31ST

Summer
Break

JUL

MENU 2023

GEAR UP FOR SPANISH CLASS



ANNOUNCEMENTS:

1% White Milk & FF
Chocolate Milk offered
with each meal.

Water offered at no
charge at each meal.

Meals subject to change
based on availability.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 7/1/2023
www.SquareMeals.org